# Who are the health workers and where are they?

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# What do we know about health care workers? *Based on the literature, apparently not much.*



### Research questions

- 1. Characterize the supply of health care workers in the Philippines
- 2. Analyze locational factors that influence the decision of health care workers



### Main Results

- Health human resource (HHR) density appears to be sufficient based on national figures
- •But when disaggregated, less than a quarter of LGUs reach the ideal density proposed by WHO
- •There is increasing geographic concentration of HHR supply since 1990s
- Improving ethnic diversity among HHR appear to not improve supply in LGUs with higher ethnic concentration or with higher poverty rates



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Who Are the Health Workers and Where Are They? Revealed Preferences in Location Decision among Health Care Professionals in the Philippines

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### Presentation Outline

- 1. HHR Supply
- 2. Location decision
- 3. Implications

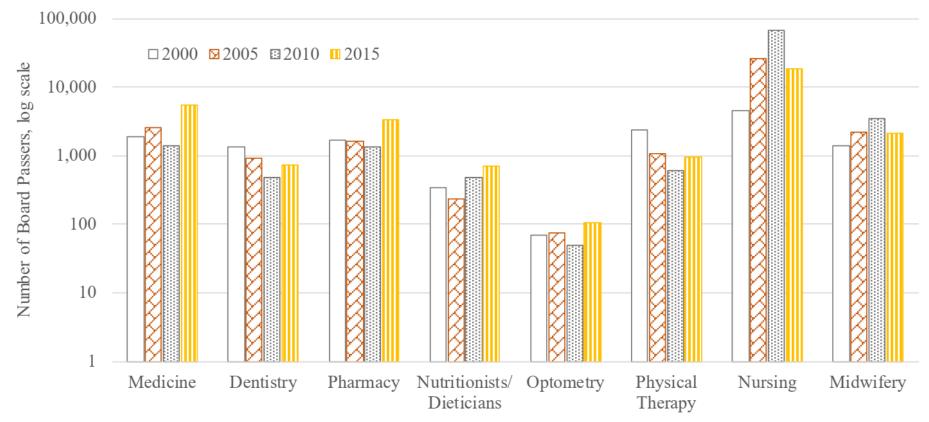


# How many enter? Leave?



### New board passers, 2000-2015



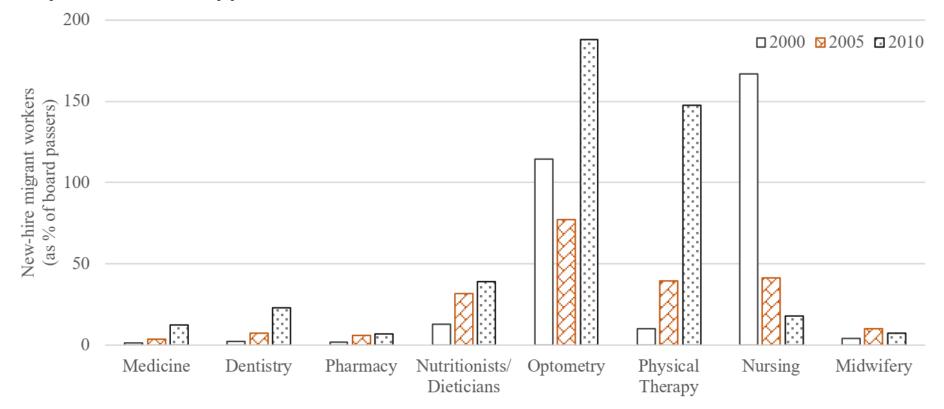


Source: Philippine Statistical Yearbook, NSCB (2001, 2006, 2011) and PSA (2016).



### New migrant workers: 2000-2010

Figure 2. New-hire international migrant workers as share of new board passers by health care profession: Philippines, 2000-2010



Source: Philippine Statistical Yearbook, NSCB (2001, 2006, 2011), PSA (2016), and POEA (2016).



# How many HHRs in total?



### What is the ideal number of HHR?

Suggested HHR density (per 1,000 population)

- o2.3 (WHO, 2006)
- o3.4 (ILO, 2011)
- 04.1 (ILO, 2014)

04.5 (WHO, 2016)



### HHR Stock: 1990-2015

#### Table 1. Health human resource (HHR) by type: Philippines, 1990-2015

|                                    | Count<br>(Thousands) |       |       | Rate<br>(per 10,000 population) |      |      | Spatial disparity<br>(Gini coefficient) |      |      |
|------------------------------------|----------------------|-------|-------|---------------------------------|------|------|---|------|------|
|                                    | 1990                 | 2010  | 2015  | 1990                            | 2010 | 2015 | 1990                                    | 2010 | 2015 |
| Physicians                         | 27.3                 | 32.3  | 52.0  | 4.5                             | 3.5  | 5.2  | 0.69                                    | 0.77 | 0.84 |
| Dentists                           | 15.1                 | 23.6  | 23.9  | 2.5                             | 2.6  | 2.4  | 0.63                                    | 0.73 | 0.79 |
| Pharmacists                        | 8.6                  | 17.1  | 27.5  | 1.4                             | 1.9  | 2.7  | 0.51                                    | 0.65 | 0.75 |
| Nutritionists/Dieticians           | 4.4                  | 3.7   | 4.6   | 0.7                             | 0.4  | 0.5  | 0.43                                    | 0.55 | 0.68 |
| Optometrists/Opticians             | 4.0                  | 2.9   | 4.0   | 0.7                             | 0.3  | 0.4  | 0.50                                    | 0.50 | 0.69 |
| Physiotherapists                   | 2.1                  | 7.7   | 10.0  | 0.3                             | 0.8  | 1.0  | 0.48                                    | 0.62 | 0.75 |
| Professional Nurses                | 54.8                 | 253.5 | 351.1 | 9.0                             | 27.5 | 34.9 | 0.68                                    | 0.78 | 0.75 |
| Professional Midwives              | 28.8                 | 27.4  | 7.0   | 4.8                             | 3.0  | 0.7  | 0.51                                    | 0.57 | 0.63 |
| Medical/Pharmaceutical Technicians | 15.0                 | 44.7  | 43.5  | 2.5                             | 4.9  | 4.3  | 0.56                                    | 0.73 | 0.77 |
| Nursing/Midwifery Technicians      | 7.2                  | 29.3  | 46.7  | 1.2                             | 3.2  | 4.6  | 0.44                                    | 0.62 | 0.60 |

Note: Authors' estimates based on data from NSO (1992, 2012), and PSA (2016b). Estimates for 1990 and 2010 use the 1992 Philippine Standard Occupational Classification (PSOC), while the 2015 estimates are based on the 2012 PSOC. Also, the 1990 and 2010 estimates are calculated from the 10 percent sample-households of the population census, while the 2015 estimates are based on full enumeration data. Spatial Gini coefficients are calculated using cities and municipalities as observation units.

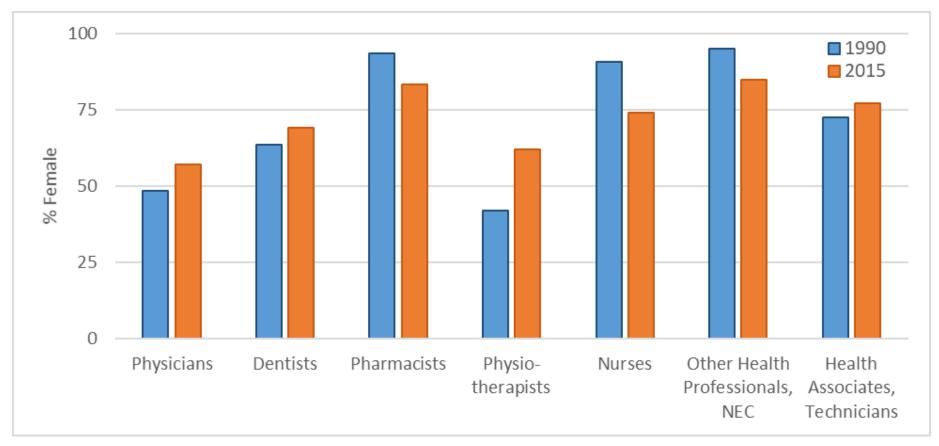


# Who are the health workers?



### HHR by Sex

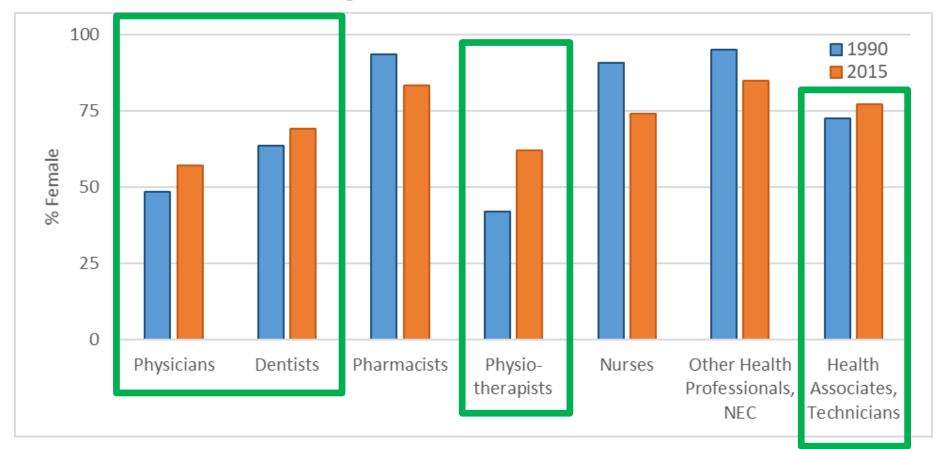
### Local HHR supply is female-dominated







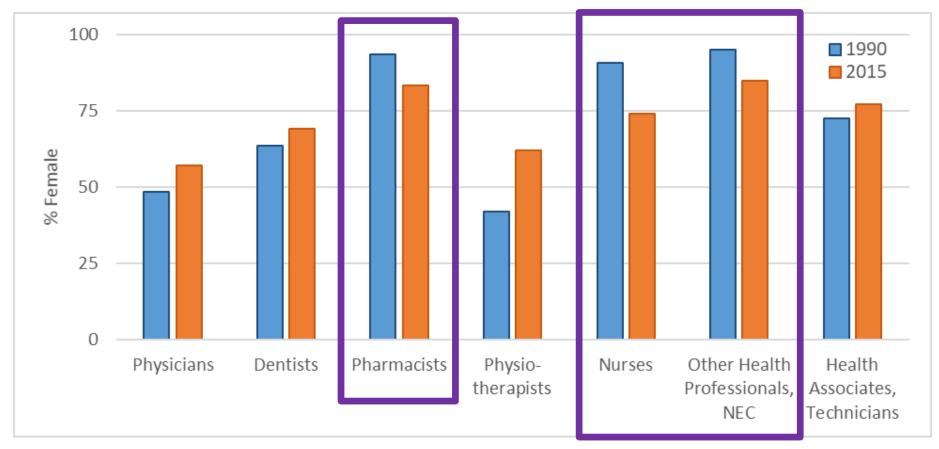
### With increasing feminization





### HHR by Sex

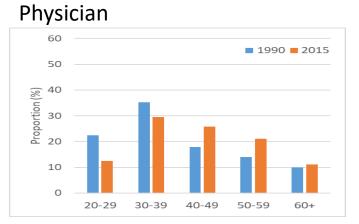
### Female-dominated, but with some reversion



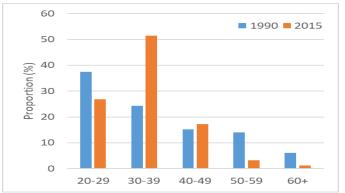


### HHR by Age

### Generally young population...



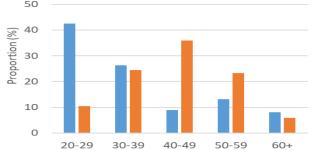
#### **Physiotherapists**



# 50

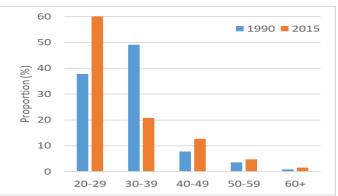
Dentist

60

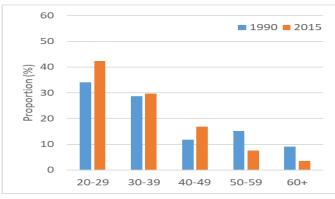


1990 2015

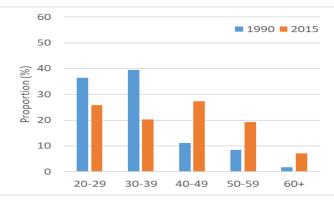
#### Nurses



#### Pharmacist



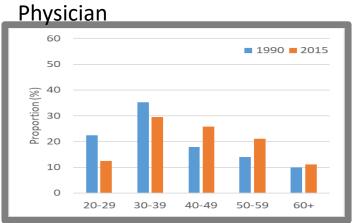
#### Others, NEC



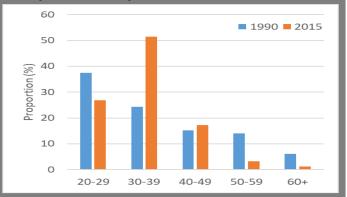


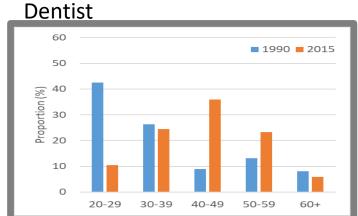
### HHR by Age

### ... but some cadres are ageing

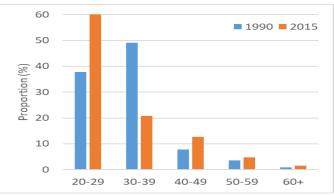


#### Physiotherapists

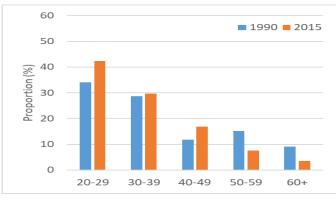




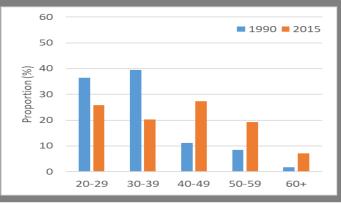
#### Nurses



#### Pharmacist

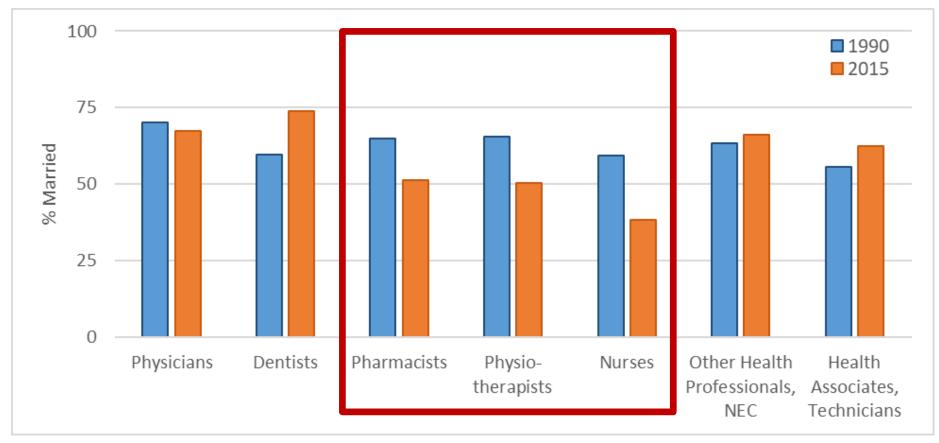


#### Others, NEC



### HHR by Marital Status

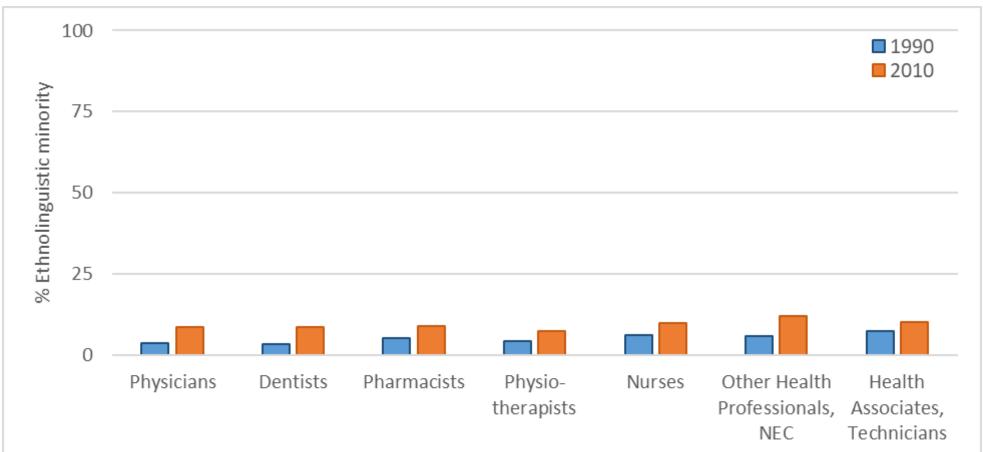
### Largely married, *except* for some cadres





### HHR by ethnolinguistic minority status

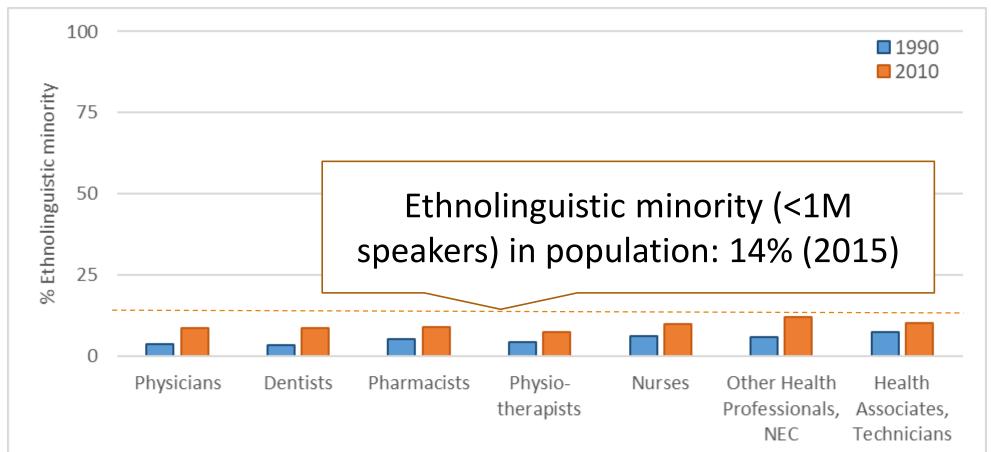
### Improving inclusion/representation...





### HHR by ethnolinguistic minority status

### ... But still below national average





### HHR by Region of residence

### Largely Mega Manila except midwives, technicians

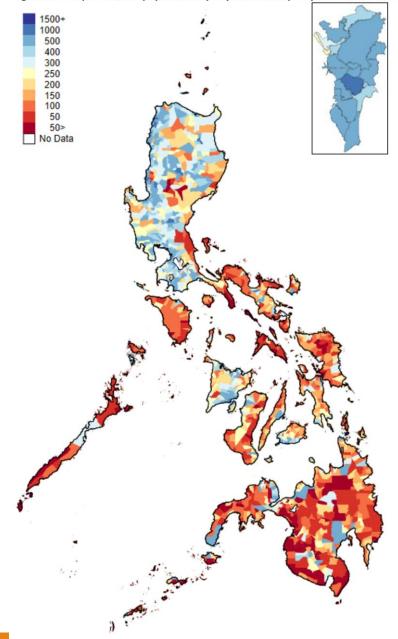
|                                  | Professionals   |          |                  |                                   |                                 |                       |        |          | Health                               |
|----------------------------------|-----------------|----------|------------------|-----------------------------------|---------------------------------|-----------------------|--------|----------|--------------------------------------|
|                                  | Physi-<br>cians | Dentists | Phar-<br>macists | Nutri-<br>tionists/<br>Dieticians | Opto-<br>metrists/<br>Opticians | Physio-<br>therapists | Nurses | Midwives | Asso-<br>ciates,<br>Tech-<br>nicians |
| By Region of residence (%), 1990 |                 |          |                  |                                   |                                 |                       |        |          |                                      |
| Mega Manila                      | 58.4            | 68.1     | 54.0             | 55.0                              | 67.9                            | 72.0                  | 50.9   | 42.8     | 52.3                                 |
| Balance Luzon                    | 13.3            | 14.0     | 11.0             | 17.5                              | 10.4                            | 8.1                   | 17.8   | 21.9     | 16.8                                 |
| Visayas                          | 16.1            | 9.2      | 14.7             | 17.2                              | 11.5                            | 8.1                   | 19.0   | 16.1     | 14.3                                 |
| Mindanao                         | 12.2            | 8.8      | 20.3             | 10.4                              | 10.3                            | 11.8                  | 12.2   | 19.3     | 16.6                                 |
| By Region of residence (%), 2015 |                 |          |                  |                                   |                                 |                       |        |          |                                      |
| Mega Manila                      | 59.9            | 67.3     | 53.7             | 56.5                              | 63.2                            | 66.2                  | 48.6   | 27.2     | 43.2                                 |
| Balance Luzon                    | 12.3            | 14.0     | 16.2             | 14.7                              | 14.3                            | 15.1                  | 17.5   | 20.5     | 21.4                                 |
| Visayas                          | 15.4            | 10.2     | 15.3             | 12.5                              | 11.5                            | 11.6                  | 17.2   | 19.6     | 15.4                                 |
| Mindanao                         | 12.5            | 8.5      | 14.9             | 16.3                              | 10.9                            | 7.1                   | 16.7   | 32.8     | 20.0                                 |



# Where are the health workers?



Figure 3. HHR per 100,000 population by city and municipality of residence, 2015



### HHR\* density by municipality/ city of residence, 2015

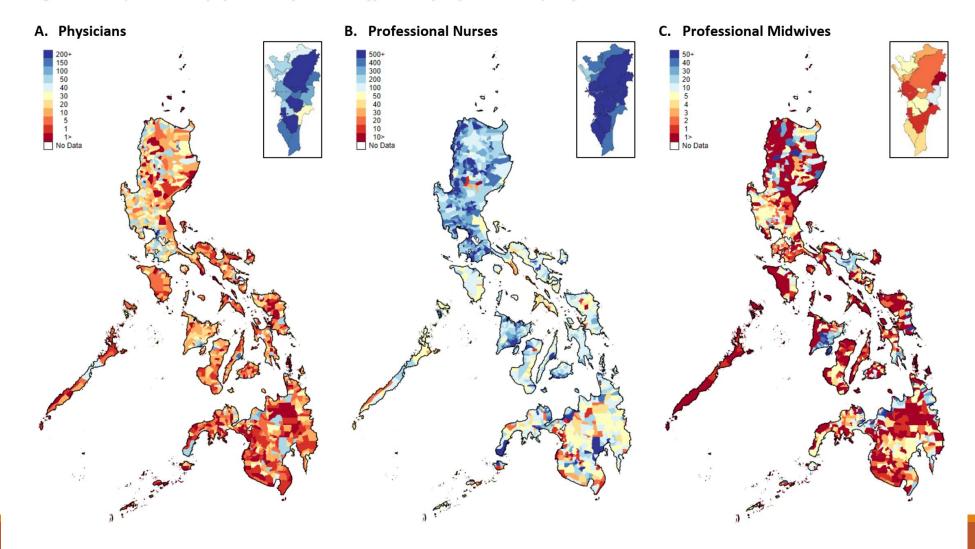
\*Physicians, Nurses, Midwives



Note: Authors' estimates based on data from PSA (2016). The composite index includes physicians, professional nurses and professional midwives. Inset: National Capital Region.

### HHR density by cadre and residence

Figure 4. HHR per 100,000 population by selected type and by city and municipality of residence, 2015





# Why are they there?



### Methodology

- **Discrete-choice location model**
- Based on random utility framework
- Main idea: HHR choose to work where their expected net benefit may be highest
- Estimated using binomial regression model
- Separate estimates by HHR cadre (physician, nurses and midwives) and by demographic characteristics (sex, marital status, ethnolinguistic group, age)



How many HHR are in a particular area? What areaspecific characteristics may be found there?

- Census data (HHR supply)
- Economy: Poverty rate, Per capita LGU income, Night lights
- Amenities: City, With hospital, With landline, With college
- Ethnolinguistic concentration



More likely to work in areas • with hospitals, landline network in cities with greater economic activity (nurses, midwives) Less likely to work in areas • with higher ethnic concentration • with higher poverty incidence (physicians, nurses)



### Where are the HHRs? By characteristics

By sex and age group: There appears to be no apparent systematic difference in preferences • Except elderly midwives (aged 60+): less likely to

work in richer LGUs, more likely to work in cities



### Where are the HHRs? By characteristics

### By marital status

- While physicians generally are more likely to work in cities and in hospitals; singles have slight aversion (OR = 0.63) relative to those ever married
- Single midwives are more likely to work in areas with greater economic activity relative to those ever married (OR = 1.17)
- No statistically significant difference among single and married nurses



### Where are the HHRs? By characteristics

By ethnolinguistic minority status

 HHRs from minority background are less likely to work in areas with higher poverty rates or with higher ethnic concentration relative to non-minority HHRs



# **Implications for Policy**



### Summary

•There appears to be sufficient supply of HHR at the national level – closely approximates, even surpasses some international threshold

 But increasing geographic polarization (towards better economically endowed locations) suggest that many areas may have limited access to health care professionals



### Summary

• While HHR supply is generally increasing, some cadres (nutritionist-dieticians, optometrists and opticians, and physiotherapists) have declining HHR *density* potentially as a result of net exit among these professionals – may be critical in the longer term



### Summary

OHHRs are more likely to practice in areas with greater earnings potential, in areas where there are amenities (and potentially where they are trained)

 But contrary to previous results elsewhere, HHRs from ethnolinguistic minorities are not more likely to practice in more economically depressed areas, or in regions with higher ethnolinguistic concentration



### Policy implication 1

Boosting household incomes through local economic development appears to be essential in ensuring the economic viability of any professional practice, particularly in health care



### Policy implication 2

There may be a need to reassess common- and deep-rooted beliefs on health care professional practice. Although altruistic motives among health care practitioners to serve in rural areas may be important in recruiting HHR for rural practice, it may not necessarily be the most effective or sustainable. Targeting minorities may be good for inclusion, but not necessarily for access among communities.



### Policy implication 3

With the apparent undersupply of HHRs in many areas, it may be prudent to explore alternative modes of service delivery. Technology solutions (e.g. tele-medicine) may bridge some of the gaps. Others may need change in practice (e.g. certification of some primary health care skills to be done by non-physicians).





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